

The Living with and Beyond Cancer Programme

Share and Learn #1

October 2016



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Share and Learn #1

Our aim is to:

- to **share information** on what's happening across the programme footprint
- to **help inform discussions** in localities with PABC and other local implementation team members about the potential options for service design/redesign
- inform the **practical how-to**, after locality gap analysis
- **launch** a toolkit of practical examples for the programme



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Theories of change

There are three aspects to the theory of change:

- the theory around the **programme approach** and why it will enable effective implementation of the LWABC model
- the theory around **how best to** bring about **implementation** of the LWABC model
- the theory around **the benefits of the LWABC model**



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Themes from across our localities

- Lots of great work and services out there
- Importance of community access, co-ordination and linking PABC to support (**navigation**)
- Need for **diverse access and delivery options** eg: psychological support, physical activity and information
- It's **not** just about specialist cancer services
- Having '**Conversations**', tools and validation
- Risk stratified pathways – **Prostate Cancer**
- **Cancer Care Reviews** – what/how/quality?
- Role of **models of care around GP practices** in local communities /neighbourhoods (primary care strategy)
- Range of **approaches to HWB** (1:1, group, course) and their sustainability
- Use of **electronic tools**: documents on Infoflex, eHNA, Apps ++
- Evidence of **impact/what works**
- **Workforce** development: culture, training, roles
- All **tumour sites**/x3 tumour sites programme



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Conditioning the environment

- What is the **understanding** of: “HNA”, “The Recovery Package”, “Cancer as a LTC” etc... amongst Cancer professionals and outside the cancer world?
- Is there a need for a tiered (general and targeted) **awareness training**, thinking ‘Dementia friends’ (general) and ‘Kite Mark’ (targeted), which would like to sign posting and basic, holistic care principles ... programme level?
- Example – Manchester **workforce training analysis**, led to LCS



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(Steve/Liz)



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What's happening beyond cancer services

- Social Prescribing
- Care Navigation eg: West Wakefield Health & Wellbeing's vanguard
- Risk stratification
- Long term condition management
- Primary care commissioning strategy
- Unplanned care systems/OOH – re direction to AOS/Community
- Care closer to home
- Personalisation
- Carers support
- Community asset mapping (Care Act)
- Local government role (communities/neighbourhoods)
- Voluntary and community sector role
- Exercise on referral
- Mental health strategy eg: IAPT, talking therapies, Eco therapy etc...



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Online toolkit development, guidance and contracts

- **Guidance** – NHSE, NCSI 'How to guide', Macmillan +++
- **Case for change** – LWABC programme PID
- **Pathways** – High value pathways and examples of risk stratification
- **Business case** – draft the collated evidence of impact to date
- **Shared Policies** – eg: London wide HNA & Treatment summary templates
- **Macmillan** toolkit/documents: Recovery package document, distress thermometer, treatment summary template and Macmillan ehna, Cancer cash crisis report
- **'how to'** - case examples
- **New guidance eg:** Primary care general practice forward view and making time in general practice
- **Specifications** – eg: enhanced services ?
- 2017/18 **Acute contract** - Activity metrics and CQUINs
- 2017/18 – 2018/19 incentives to reduce inappropriate outpatient follow ups



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